Top 10 Hiking Tips

1. Wear Proper Footwear: Pay attention to the difficulty rating and surface of trails and always wear suitable footwear.

2. Bring Water & Snacks: Reusable water bottles will help you stay hydrated and reduce waste. Share with your friends, not the wildlife, feeding local animals can hinder their ability to survive independently.

3. Pack In & Pack Out: Please ensure you recycle or dispose of your waste in a proper location.

4. Leaflets three, let it be!: Learn to recognize poison ivy and stay clear.

5. Watch out for Snakes: Be mindful where you step. Massasauga Rattlesnakes have excellent camouflage, and they’re a protected species. If you’re bitten, seek immediate medical attention.

6. Beware of Bears: In the rare event of a black bear encounter, make yourself as large as possible and make a lot of noise by yelling or stamping your feet.

7. Don’t Get Bit!: Wear long sleeves and pants to keep away mosquitos and black flies.


9. Stay Connected: Let others know where you’re planning on hiking, and bring your charged up cell phone so that you can call for help in case of an emergency.

10. Take Nothing But Pictures: And leave only footprints so those who follow can also enjoy these natural wonders.

CAUTION

Please Read

• Trail use can be a risky activity
• The trail colours used in maps are for illustration purposes and may not reflect the difficulty rating of the trail. For detailed information please refer to the trail signs on site.
Sauble Cross Country Ski and Snowshoe Trails

Over 31 kilometres of groomed classic ski and snowshoe trails with loops of various lengths and difficulty offering options for all levels of abilities. The trail is open on weekends during the ski season, otherwise offering hot apple cider. Trail passes are required. In the spring, summer and fall trails are open for hiking and biking.

Bruce Trail

The Bruce Peninsula portion of the Bruce Trail is 294 kilometres, providing the best views of Georgian Bay from Wiarton to Tobermory.

Overhanging Point

Overhanging Point is a massive bowl-shape hollowed out of a cliff, complete with stunning views of Georgian Bay. Spring and fall are the best times to visit this popular 4 kilometre trail.

Hope Bay

Hope Bay features the Jack Poste Side Trail, an easy 4 kilometre loop. It is here that you’ll discover one of the popular glacial potholes, created by a late stage of glaciation.

Sydney Bluff

Sydney Bluff features the Ladder Trail, a 8.5 kilometre dead end hike with a crazy steel staircase climb to the amazing views of Georgian Bay. This trail is not accessible for dogs and should be avoided if wet.

Ontario Provincial Park Trails

Along the Lake Huron shoreline are three Ontario Parks filled with trails and activities for your enjoyment! Bring along some birdseed, our local chickadee’s aren’t shy – but are hungry!

Sauble Falls Trails

This park is the perfect basecamp for visits to nearby Sauble Beach, with 2.5 kilometres of trails and camping. Trails 6 and 7, names, is there’s a waterfall that offers the perfect spot to set up a picnic.

MacGregor Point Trails

Offering 28 kilometres of hiking or cycling in the summer and skating in the winter, this park is open year round. Spend the night camping or in a yurt and relax on the sandy beach or enjoy the tranquility of winter – there’s plenty of reasons for...