



## Top 10 Hiking Tips

- 1. Wear Proper Footwear** Pay attention to the difficulty rating and surface of trails and always wear suitable footwear.
- 2. Bring Water & Snacks** Refillable water bottles will help you stay hydrated and reduce waste. Share with your friends, not the wildlife, feeding local animals can hinder their ability to survive independently.
- 3. Pack In & Pack Out** Please ensure you recycle or dispose of your waste in a proper location.
- 4. Leaflets three, let it be!** Learn to recognize poison ivy and stay clear.
- 5. Watch out for Snakes** Be mindful where you step, Massasauga Rattlesnakes have excellent camouflage, and they're a protected species. If you're bitten, seek immediate medical attention.
- 6. Beware of Bears** In the rare event of a black bear encounter, make yourself as large as possible and make a lot of noise by yelling or stamping your feet.
- 7. Don't Get Bit!** Wear light coloured long sleeves and pants to keep away mosquitos and black flies.
- 8. Be Prepared** Hike with a first aid kit and flashlight just in case.
- 9. Stay Connected** Let others know where you're planning on hiking, and bring your charged up cell phone so that you can call for help in case of an emergency.
- 10. Take Nothing But Pictures** And leave only footprints so those who follow can also enjoy these natural wonders.



## CAUTION Please Read

- Many of these trails are multi-use trail facilities
- Adults must supervise their children
- Be aware of the changing conditions of trails and use at your own risk
- Trail use can be a risky activity
- The trail colours used in maps are for illustration purposes and may not reflect the difficulty rating of the trail. For detailed information please refer to the trail signs on site



### LEGEND

Beach	Waterfall	Bridge
Dam	Attraction	Provincial Highway
Parking	Museum	County Road
Washroom	Cycling	Municipal Road
Accessible	Snowshoeing	Bruce Trail
Hospital	Cross Country Skiing	Rivers
Provincial Park	Fountain	Body of Water
Conservation Area	Lighthouse	Conservation Land

**Outfitters**  
For all of your gear and clothing needs, whether you're renting or purchasing, visit:

**Blue Heron Outfitters**  
32 Carlton St, Tobermory  
519-596-2999 • blueheronco.com

**Spirit Rock Outpost & Lodge**  
877 Berford St, Warton  
519-534-5168 • thespiritrock.com

**Explorer's Tread**  
R.R. #3, Lion's Head  
519-270-8461 • explorertread.com

**Suntrail Source for Adventure**  
100 Spencer St, Hepworth  
519-935-2478 • suntrail.net

**Thorncrest Outfitters**  
thorncrestoutfitters.com

**Southampton**  
193 High St, Southampton  
519-797-1608

**Tobermory**  
7441 Hwy 6, Tobermory  
519-596-8908 (May - Sept.)

**Penetangear**  
791 Queen St, Kincardine  
519-396-7791 • penetangear.com

## Sauble Cross Country Ski and Snowshoe Trails

Over 31 kilometres of groomed classic ski and snowshoe trails with loops of various lengths and difficulty offering options for all levels of abilities. The chalet is open on weekends during the ski season, with volunteers offering hot apple cider. Trail passes are required. In the spring, summer and fall, trails are open for hiking and biking.



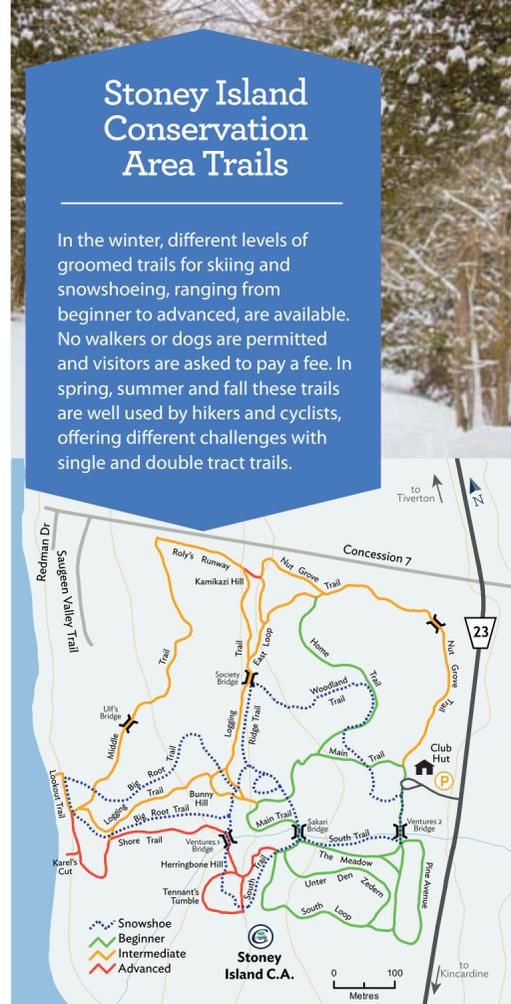
## Colpoys Ski Trails

This 11.5 kilometre trail meanders through a mix of open fields and woodland lots. A section of the trail follows the well known Bruce Trail and offers scenic vistas of Colpoys Bay. The trailhead is located on Bruce Road 9 north of Colpoys Bay, northeast of Wiarton.



## Stoney Island Conservation Area Trails

In the winter, different levels of groomed trails for skiing and snowshoeing, ranging from beginner to advanced, are available. No walkers or dogs are permitted and visitors are asked to pay a fee. In spring, summer and fall these trails are well used by hikers and cyclists, offering different challenges with single and double track trails.



## Bruce Trail

The Bruce Peninsula portion of the Bruce Trail is 294 kilometres, providing the best views of Georgian Bay from Wiarton to Tobermory.

### 1 Overhanging Point

Overhanging Point is a massive bowl-shape hollowed out of a cliff, complete with stunning views of Georgian Bay. Spring and fall are the best times to visit this popular 4 kilometre trail.

Level: Easy with Strenuous Sections      GPS: 44°29'22.5" N 81°15'14.3" W

### 2 Devil's Monument

The largest of the Bruce Peninsula's flowerpot formations and one of the many spectacular places along the craggy shoreline known for incredible views along this 2-5 kilometre hike.

Level: Moderate      GPS: 45°13'39.74" N 81°33'21.19" W

### 3 White Bluff

Located within the Smokey Head White Bluffs Nature Reserve, the White Bluff Loop offers three different loop trails that all have incredible views across Isthmus Bay, ranging from 6 to 12

Kilometres. Level: Moderate      GPS: 45°02'04.85" N

### 4 Lion's Head

One of the best views on the Bruce, while a challenging 16 kilometre hike, the end result is unforgettable.

Level: Strenuous      GPS: 44°98'99.51" N 81°24'22.27" W

### 5 Jackson's Cove

This 3-17 kilometre loop features an ever-changing variety of terrain and amazing view of Jackson Cove and Hope Bay with platforms and benches available to soak in the view.

Level: Easy to Moderate      GPS: 44°93'95.88" N 81°13'31.52" W

### 6 Hope Bay

Hope Bay features the Jack Poste Side Trail, an easy 4 kilometre loop; it is here that you'll uncover the site of the popular glacial potholes, created by a late stage of glaciation.

Level: Moderate to Strenuous      GPS: 44°90'31.98" N 81°15'59.69" W

### 7 Sydney Bluff

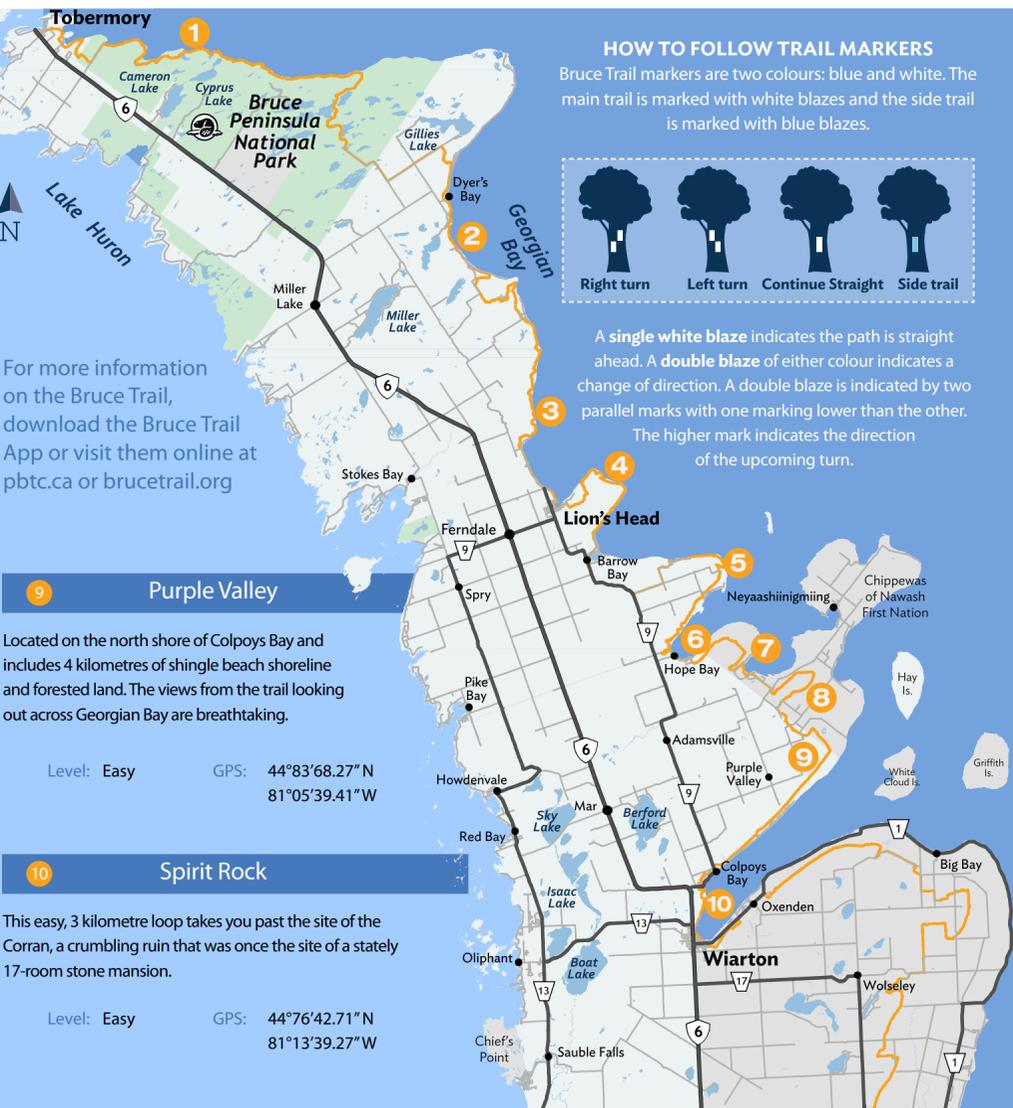
Sydney Bluff features the Ladder Trail, a 8.5 kilometre dead end hike with a crazy steel staircase climb to the amazing views of Georgian Bay. This trail is not accessible for dogs and should be avoided if wet.

Level: Moderate      GPS: 44°89'97.91" N 81°14'22.76" W

### 8 Jones Bluff

The trail offers a relatively easy hike with beautiful scenic lookouts, but be forewarned that this loop means business with an endurance-testing 8.5 kilometre trek with no shortcuts.

Level: Easy to Moderate      GPS: 44°87'77.52" N 81°07'10.79" W



### HOW TO FOLLOW TRAIL MARKERS

Bruce Trail markers are two colours: blue and white. The main trail is marked with white blazes and the side trail is marked with blue blazes.



A single white blaze indicates the path is straight ahead. A double blaze of either colour indicates a change of direction. A double blaze is indicated by two parallel marks with one marking lower than the other. The higher mark indicates the direction of the upcoming turn.

For more information on the Bruce Trail, download the Bruce Trail App or visit them online at [pbt.ca](http://pbt.ca) or [bruce-trail.org](http://bruce-trail.org)

### 9 Purple Valley

Located on the north shore of Colpoys Bay and includes 4 kilometres of shingle beach shoreline and forested land. The views from the trail looking out across Georgian Bay are breathtaking.

Level: Easy      GPS: 44°83'68.27" N 81°05'39.41" W

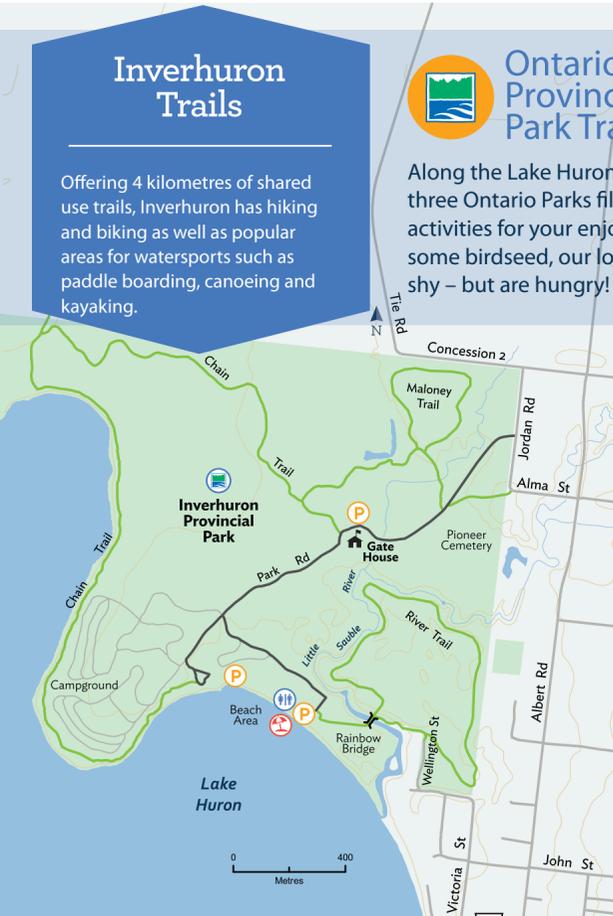
### 10 Spirit Rock

This easy, 3 kilometre loop takes you past the site of the Corran, a crumbling ruin that was once the site of a stately 17-room stone mansion.

Level: Easy      GPS: 44°76'42.71" N 81°13'39.27" W

## Inverhuron Trails

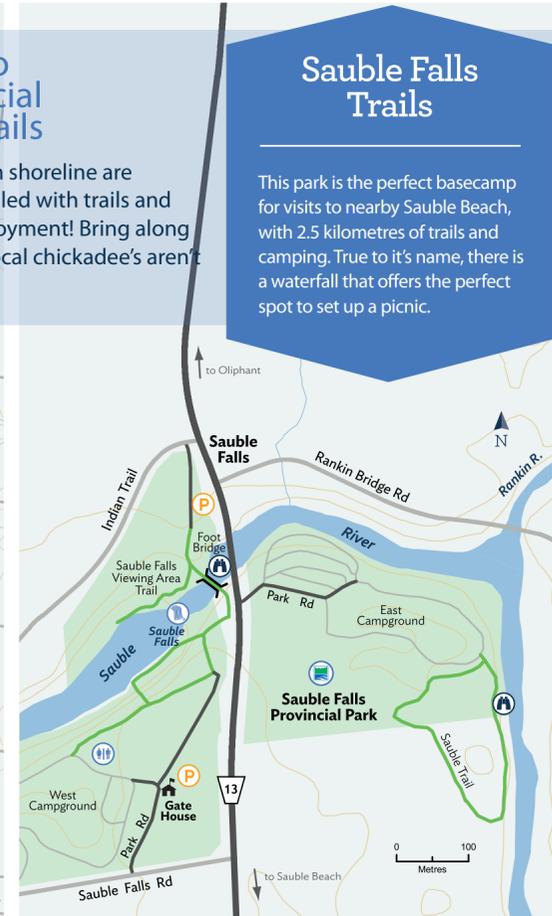
Offering 4 kilometres of shared use trails, Inverhuron has hiking and biking as well as popular areas for watersports such as paddle boarding, canoeing and kayaking.



Along the Lake Huron shoreline are three Ontario Parks filled with trails and activities for your enjoyment! Bring along some birdseed, our local chickadee's aren't shy – but are hungry!

## Sauble Falls Trails

This park is the perfect basecamp for visits to nearby Sauble Beach, with 2.5 kilometres of trails and camping. True to it's name, there is a waterfall that offers the perfect spot to set up a picnic.



## MacGregor Point Trails

Offering 20 kilometres of hiking or cycling in the summer and skating in the winter, this park is open year round! Spend the night camping or in a yurt and relax on the sandy beach or enjoy the tranquility of winter – there's plenty of reasons for

